



*Ancient Spirit Rising:
Reclaiming Your Roots & Restoring Earth Community
by Pegi Eyers*

STUDY GUIDE PART 5

“Practices & Directions for Tracing Ancestral Knowledge, and Peaceful Co-existence”

Ancient Spirit Rising was written as an inquiry into the various ideas and actions we take for granted, in today’s world of diverse spiritual paths and practices. For many of us, and within our own circles and movements, some of these subjects are being talked about for the first time. As an author and life-long learner, it is my pleasure to offer this Study Guide as a way to delve into the issues and new directions as offered through the pages of *Ancient Spirit Rising*. For individual readers, or book clubs created in circles or online, this Study Guide can also be offered on request by Pegi Eyers through a series of two-hour Zoom webinars. This five-part *Ancient Spirit Rising* Study Guide is a guideline for telling your own stories, discussing difficult issues in a warm and supportive environment, looking at the journey ahead, and asking important questions. How you, your book club or group use the questions, prompts and dialogues is entirely up to you – please engage at your own pace and in your own way.

STUDY GUIDE PART 5 is based on chapters 23 – 29 of *Ancient Spirit Rising*

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- 28 Ancient Spirit, Modern Voice
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Prompts for Self-Inquiry and Dialogue

1. Introductions around the circle ~ what is your ethnicity or heritage? From that self-inquiry, can you describe your positionality on Turtle Island? (For example, Settler, Indigenous, POC, Black, recent immigrant, New Canadian, and others.) Which First Nation is closest to you, and whose traditional lands are you living on?

2. For those of European descent, how would you describe the “colonial pattern” that affected our Ancestors long before they arrived on Turtle Island?

